



## HEALTH & SAFETY TRAINING - FACT SHEET

The Health and Safety at Work etc Act 1974 requires employers to provide whatever information, instruction, training and supervision as is necessary to ensure, so far as is reasonably practicable, the health and safety at work of their employees. This is expanded by the Management of Health and Safety at Work Regulations 1999, which identify situations where health and safety training is particularly important, eg, when people start work, on exposure to new or increased risks and where existing skills may have become rusty or need updating. Many employers may not be in a position to provide this training in-house so will need to call in competent help.

Owners, directors and senior managers need training as much as general employees do. If you employ line managers or supervisors they need to know what is expected from them in terms of health and safety, and how you expect them to deliver. They need to understand your health and safety policy, where they fit in, and how you want health and safety managed. They may also need training in the specific hazards of your processes and how you expect the risks to be controlled. Everyone who works for an organisation, including self-employed people, needs to know how to work safely and without risks to health. They all need to know about your health and safety policy, your arrangements for implementing it, and the part they play.

Having GM Consulting undertake your health and safety training will enable your employees to develop understanding and obtain proficiency in their subject matter, returning to their roles with new skills which will benefit not only themselves, but their work colleagues and your entire organisation. GM Consulting offer a range of core safety training courses covering a broad range of topics including the management of health and safety and risk assessment through to more specific courses such as lone working, manual handling, first aid and fire safety.

If one of our standard training courses does not quite meet with your specific requirements we can tailor them to your specific needs. Courses can be run at your premises, at third party venues or in our offices dependent on the subject matter, facilities required and the number of delegates attending. Refreshments, handouts and copies of any computer based presentations can all be made available on request.

In addition to our standard training courses, we run safety seminars at central locations within the Manchester and Lancashire areas and undertake safety talks for employers who do not require the more formal training process but need to get across safety issues and information to a large number of employees quickly and effectively.

Our standard training courses include the following subject matters:

First aid	Manual handling	Display screen equipment
COSHH	Lone working	Working at height
Culture of health and safety	Managing health and safety	Risk assessment
Fire safety	Use of fire extinguishers	Fire warden roles
Stress management	Writing policies and procedures	PPE

Speak to GM Consulting now and find out how we can assist you with your training needs.